

# The Saul & Claribel Simkin Centre Therapeutic Recreation Department

1 Falcon Ridge Drive, Winnipeg, Manitoba R3Y 1V9  
Telephone: (204) 586-9781 Fax: (204) 589-9033

March 20, 2020

Hello! We understand how hard it is for you and your loved one to be separated from each other.

We have set up ways for you to connect with this using FaceTime. If you would like us to arrange a time for you to talk to your loved one, face to face, we will need the following information from you:

1. Your full name, cell number and who you wish to contact.
2. Please include what days and times are best for you to connect. We will begin working on a schedule. If there is a very large request for more times and evenings, we will figure that out. But, this is a start!
3. Email to [janet.conrad@simkincentre.ca](mailto:janet.conrad@simkincentre.ca)

If you do not have the technology to FaceTime, we can discuss other options as we are open to set up anything for you to see and get peace of mind that your loved one is doing great.

We should be putting this all together by Monday (March 23) and will be able to start this process of connecting you and your loved one.

At this time, it is also recommended that you keep in contact by phone, but you can also deliver to the front door care packages of little notes, pictures (maybe something colored by the grandchildren), fresh baking or other treats you feel that your loved one might enjoy. Also, you can put essential items in there if that is something you've been doing. We will make sure that all are delivered. Just please have these items placed in a box or bag clearly marked with their name on it.

The Therapeutic Recreation staff are working hard to continue recreation activities on each unit and bringing joy and happiness into all our residents' lives. Please check our Facebook Page ([www.facebook.com/simkincentre](https://www.facebook.com/simkincentre)) and Instagram ([instagram.com/simkincentre](https://www.instagram.com/simkincentre)).

We are looking forward to getting all of your contact information! Be well!

***Alyssa, Heather, Lori, Olga and Cathy from the Therapeutic Recreation Department  
and Lori and Marilyn from the Spiritual Health Department***