



Resident Menu – Monday, July 19, 2021

LUNCH

SOUP – Split Pea

MAIN ENTRÉE – Corn Kugel w/ Sour Cream, Diced Carrots

ALTERNATIVE – Egg Salad Sandwich

DESSERT - Pears

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP - Vegetable

MAIN ENTRÉE – Roast Chicken w/ Cranberry Sauce, mashed Potato, Green Beans

ALTERNATIVE – Gefilte Fish w/ Horseradish

DESSERT – Chocolate Whip

EVENING SNACK

Soft Cookies

Menu Subject to Change
Menu Approved By L. Back, RD

Resident Menu – Tuesday, July 20, 2021

LUNCH

SOUP – Potato Apple

MAIN ENTRÉE – Salmon Sandwich, Onion Bun, Cucumber Slices

ALTERNATIVE – Cheese & Tomato Sandwich

DESSERT – Diced Peaches

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP – Tomato Juice

MAIN ENTRÉE – Sloppy Joes, Florentine Mixed Vegetables

ALTERNATIVE – Baked Chicken w/ Cranberry Sauce

DESSERT – Rhubarb Apple Crisp

EVENING SNACK

Mini Donut

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Resident Menu – Wednesday, July 21, 2021

LUNCH

SOUP – Minestrone

MAIN ENTRÉE – Egg Salad, Pasta Salad, Cooked Carrot Sticks

ALTERNATIVE – Tuna Salad

DESSERT - Watermelon

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP - Bean

MAIN ENTRÉE – Chicken Loaf w/ Gravy, Oven-Browned Potatoes, Kernal Corn

ALTERNATIVE – Salisbury Steak w/ Gravy

DESSERT – Blueberry Tart

EVENING SNACK

Assorted Yogurt

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Resident Menu – Thursday, July 22, 2021

LUNCH

SOUP – Chickpea

MAIN ENTRÉE – Matza Lasagna, Garlic Toast, Tossed Salad

ALTERNATIVE – Egg Salad Sandwich

DESSERT – Ginger Snaps

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP – Hearty Vegetable

MAIN ENTRÉE – Lemon Talapia, Rice, Harvard Beets

ALTERNATIVE – Baked Chicken w/ Cranberry Sauce

DESSERT – Date Square

EVENING SNACK

Banana

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Resident Menu – Friday, July 23, 2021

LUNCH

SOUP – Vegetable Noodle

MAIN ENTRÉE – Buttermilk Pancakes w/ Whip Cream

ALTERNATIVE – Cottage Cheese

DESSERT – Fruit Cocktail

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP - Chicken Soup w/ Matzoh Balls

MAIN ENTRÉE – Chicken Cutlet w/ Honey Mustard Sauce, Oven-Browned Potatoes, Green Peas

ALTERNATIVE – Gefilte Fish w/ Horseradish

DESSERT – Pineapple Tidbits

EVENING SNACK

Mini Bagels w/ Cream Cheese

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Resident Menu – Saturday, July 24, 2021

LUNCH

SOUP – Tomato Tarragon

MAIN ENTRÉE – Salami on Rye, Dill Pickle

ALTERNATIVE – Gefilte Fish w/Horseradish

DESSERT -Brownies

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP – Chicken Noodle

MAIN ENTRÉE – Beef Shepher’s Pie w// Gavy, Wax Beans

ALTERNATIVE – Chicken Patty w/ Cranberry Sauce

DESSERT – Tropical Fruit

EVENING SNACK

Iced Cream Sandwiches

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Resident Menu – Sunday, July 25, 2021

LUNCH

SOUP – Lemon Dill & Potato

MAIN ENTRÉE – Grilled Cheese Sandwich, Tomato Slices

ALTERNATIVE – Egg Salad Sandwich

DESSERT - Popsicle

AFTERNOON SNACK

A selection of unit and labeled snacks available

SUPPER

SOUP - Lentil

MAIN ENTRÉE – Spaghetti & Meatballs, California Mixed Vegetables

ALTERNATIVE – Baked Chicken w/ Cranberry Sauce

DESSERT – Baked Apple Slices

EVENING SNACK

Assorted Pudding

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