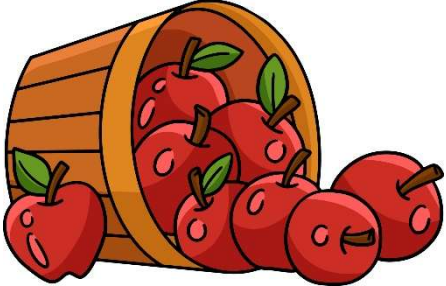


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Therapeutic Recreation Calendar

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10am Music Video 130pm Terry Fox Walk 6pm Bingo - MPR	2 10am Keep Fit 130pm Memorial Service 2pm Exercise Bike 6pm Firepit	3 8am TR Staff Meeting 10am Baking 2pm Trivia Jeopardy 6pm Movie Night - MPR	4 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	5 10am Shabbat Service
6 1030am Nondenominational Service - MPR 2pm Movie Afternoon: Arthur (1981)	7 Labour Day 10am Exercise Group - MPR 2pm Tabletop Bowling - MPR	8 10am Spelling Bee 2pm Birthday Party - MPR 6pm Bingo - MPR	9 10am Keep Fit 2pm Exercise Bike 6pm Concert with Ernie - MPR	10 10am Baking 2pm Curling Game 6pm Movie Night - MPR	11 Rosh Hashanah Begins 10am Keep Fit 2pm Bingo 4pm Friday Night Lights + Rosh Hashanah	12 10am Rosh Hashanah Service
13 Rosh Hashanah Ends 10am Rosh Hashanah Service 2pm High Holiday Tea - MPR	14 Cathy off 10am Keep Fit 2pm Anglican Service - MPR	15 10am Music Video 2pm Curling Game 6pm Bingo - MPR	16 10am Keep Fit 12pm Chinese Food Luncheon 2pm Exercise Bike 6pm Firepit	17 10am Word Games 1pm Resident Council 2pm Trivia & Talk 6pm Movie Night Under the Stars - Keives Garden	18 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	19 10am Shabbat Service
20 Yom Kippur Begins 10am Morning Stretching - MPR 2pm Trivia and Chat - MPR 615pm Kol Nidre Service	21 Yom Kippur Ends 10am Yom Kippur Service 2pm 1:1 visits 6pm Neilah Service	22 10am Keep Fit 2pm Outing (TBD) 6pm Bingo - MPR	23 Breakfast Break 10am Keep Fit 2pm Rady on the Road Concert - MPR 6pm Concert with Ernie - MPR	24 Cathy off 10am Hymn Sing - MPR 2pm Trivia Teasers 6pm Movie Night - MPR	25 Cathy off 4pm Friday Night Lights	26 10am Sukkot Service 2pm Sukkah Visits
27 10am Sukkot Service 2pm Sukkah Visits	28 10am Keep Fit 2pm Snakes & Ladders Game	29 10am Baking 2pm Concert w/ Rabbi Matt 6pm Bingo - MPR	30 Truth and Reconciliation Day 10am Exercise Group - MPR 2pm History of Orange Shirt Day - MPR 6pm Firepit			Weekday 1:1s: 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.