




# Therapeutic Recreation Calendar

Floor: Weinberg 3  
 Name: Cathy Shewchuk  
 Email: cathy.shewchuk@simkincentre.ca

# September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1 Labour Day</b> 10am Sit and Be Fit (MPR) 2pm Trivia Challenge (MPR)	<b>2</b> 10am Baking 2pm Tea & Talk 6pm Bingo (MPR)	<b>3</b> 10:30am Outing to Polo Park 2pm Exercise Bike 330pm BibleStudy (MPR) 6pm Music with Ernie -MPR	<b>4</b> 10am Music with Cathy 2pm Birthday Party (MPR) 6pm Movie Night (MPR)	<b>5</b> 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	<b>6</b> 10am Shabbat Service
<b>7</b> 10 am Pet Visits with Myo 10am Music with Parker (MPR) 2pm Filharmonic Ensemble (MPR)	<b>8</b> 10am Keep Fit 2pm Rady on Rd. Speaker 330pm Simkin Choir	<b>9</b> 10am Trivia Teasers 130pm Memorial Service 2pm 1-1 Music with Ernie 6pm Bingo (MPR)	<b>10</b> 10am Keep Fit 1045 Ask the Rabbi 2pm Exercise Bike 6pm Recreation Town Hall Meeting in Atrium	<b>11</b> 10am Table Top Bowling 1pm Rec. Biannual Mtg. 6pm Movie Night (MPR)	<b>12</b> 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	<b>13</b> 10am Shabbat Service
<b>14</b> 10am Pet Visits with Myo 1030am Nondenominational Service 2pm Little Big Band (MPR)	<b>15</b> 10am Music With Ernie 2pm Anglican Service 330pm Simkin Choir	<b>16</b> 10am Nurturing Nashema 2pm Music Video 6pm Bingo (MPR)	<b>17 All Staff Meetings</b> 10am Keep Fit 2pm Exercise Bike 6pm Firepit	<b>18</b> 10am Baking for Rosh Hashanah 2pm Rabbi Matt Concert 6pm Movie Night (MPR)	<b>19</b> 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	<b>20</b> 10am Shabbat Service
<b>21</b> 10am Pet Visits with Myo 10am Music with Parker (MPR) 2pm Joy Diamond Duo (MPR)	<b>22 Rosh Hashanah Starts</b> 10am Keep Fit 2pm Crossword Puzzlers 330pm Simkin Choir	<b>23</b> 10am Rosh Hashanah Service in Atrium 2pm Holiday Tea (MPR) 6pm Bingo (MPR)	<b>24 Rosh Hashanah Ends</b> 10am Rosh Hashanah Service in Atrium 2pm Holiday Tea (MPR) 6pm Music with Ernie -MPR	<b>25</b> 8am Breakfast Break 10am Hymn Sing 1pm Resident Council 1-3pm Classic Car Show 6pm Movie Night (MPR)	<b>26</b> 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	<b>27</b> 10am Shabbat Service 1-5pm 1-1 Music with Ernie
<b>28</b> 10am Pet Visits with Myo 1030am Etz Chaim Service 2pm Salute to the 60s (MPR)	<b>29</b> 10am Keep Fit 2pm Curling Game 330pm Simkin Choir	<b>30 Truth &amp; Reconciliation</b> 10am National Truth & Reconciliation (MPR) 2pm Card & Board Games 6pm Bingo (MPR)				<b><u>Weekday 1:1s:</u></b> 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

*Calendars are subject to change. Please check the whiteboards on your unit for the most accurate program of the day.*