




Therapeutic Recreation Calendar

June 2026

Floor: Weinberg 3

Name: Cathy Shewchuk

Email: Cathy.shewchuk@simkincentre.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10am Keep Fit 2pm Let's plant the garden 330pm Simkin Choir	2 The Simkin Stroll 10am Crossword Puzzlers 2pm Music with Ernie 4 - 8pm Simkin Stroll	3 10am Keep Fit 2pm Exercise Bike 6pm Concert w/ Ernie -MPR	4 8am Rec Meeting 10am Trivia Teasers 2pm Outside Visits 6pm Movie Night (MPR)	5 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	6 10am Shabbat Service
7 10am Concert with Parker 2pm Little Big Band Concert -MPR	8 10am Keep Fit 2pm Music with Cathy 330pm Simkin Choir	9 10am Baking 1-5pm 1-1 Music with Ernie 2pm Tea & Talk 6pm Bingo (MPR)	10 10:30am Outing to Park Cafe 130pm Resident Memorial 6pm Concert w/ Ernie -MPR	11 10am Table Top Bowling 2pm Bingo 6pm Movie Night (MPR)	12 10am Keep Fit 130-3 MB Transit Heritage Museum—Parking Lot 4pm Friday Night Lights	13 10am Shabbat Service
14 1030am Nondenominational Service 2pm Filharmonic Ensemble Concert -MPR	15 10am Keep Fit 2pm Rabbi Matt Concert 330pm Simkin Choir	16 10am Music Video 130-3pm Simkin Fifa MPR 6pm Bingo (MPR)	17 10am Keep Fit 2pm Exercise Bike 6pm Concert w/ Ernie -MPR	18 8am Breakfast Break 10am Trivia Game 1pm Resident Council MPR 6pm Movie Night (MPR)	19 10am Keep Fit 11:45am Father's Day Luncheon MPR 2pm Bingo 4pm Friday Night Lights	20 10am Shabbat Service 12-5pm 1-1 Music with Ernie
21 Father's Day / Solstice 10am Concert with Parker 2pm Neil Keep—MPR	22 10am Keep Fit 2pm Rabbi Mass Concert 330pm Simkin Choir	23 10am Baking 2pm Spelling Bee on the Patio 6pm Bingo (MPR)	24 10am Keep Fit 11:30am Lunch at the Keg 2pm Rady on the Road Speaker (MPR) 6pm Concert w/ Ernie -MPR	25 10am Hymn Sing 2pm Outside Visits 6pm Movie Night (MPR)	26 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	27 10am Shabbat Service
28 1030am Etz Chaim Service 2pm Grant Simpson—MPR	29 Cathy on Vacation until July 28th 10am Music with Ernie 2pm Outdoor Visits 330pm Simkin Choir	30 10am Word Games 2pm Birthday Party MPR 6pm Bingo (MPR)				<u>Weekday 1:1s:</u> 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

Calendars are subject to change. Please check the whiteboards on your unit for the most accurate program of the day.