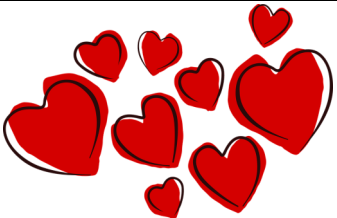


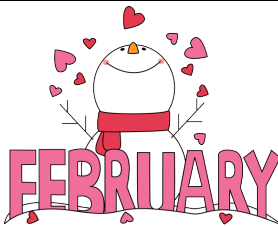


# Therapeutic Recreation Calendar

Floor: Weinberg 3  
Name: Cathy Shewchuk  
Email: Cathy.Shewchuk@simkincentre.ca

# February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10am Music with Parker - MPR 2pm Vera Kurchenko Concert - MPR	<b>2 Tu B'Shevat</b> 8am Recreation Meeting 10am Repotting Plants 2pm Tu B'Shevat Seder 330pm Simkin Choir	<b>3</b> 10am Baking 2pm Tea & a Nosh 6pm Bingo (MPR)	<b>4 Winter Olympics Start</b> 10am Resident Zumba 2pm Shirley Dance Studio 330pm Bible Study- Syn 6pm Music with Ernie -MPR	<b>5</b> 10am Valentine Making 2pm Meet the Artist (Atrium) 6pm Movie Night (MPR)	<b>6</b> 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	<b>7</b> 10am Shabbat Service
<b>8</b> 1030am Nondenominational Service 2pm Matchstick Men Concert - MPR	<b>9 Cathy Away Feb 9-17th</b> 10am Music with Ernie 2pm Anglican Service MPR 330pm Simkin Choir	<b>10</b> 1-5pm 1-1 music with Ernie 1:30pm Simkin Olympics 6pm Bingo (MPR)	<b>11</b> 10am Resident Zumba 3:30pm Bible Study- Syn 6pm Music with Ernie -MPR	<b>12</b> 2pm Birthday Party 6pm Movie Night (MPR)	<b>13</b> 1-5pm 1-1 Music with Ernie 2pm Bingo 4pm Friday Night Lights	<b>14 ♥ Valentine's Day ♥</b> 10am Shabbat Service
<b>15</b> 10am Music w/ Parker MPR 2pm Soul Shine Concert - MPR	<b>16 Louis Riel Day</b> 10am Sit and Stretch (MPR) 2pm Biggie Bowling (MPR) 330pm Simkin Choir	<b>17</b> 10am Nurturing the Soul 2pm Table Top Bowling 6pm Bingo (MPR)	<b>18</b> 10am Resident Zumba 2pm Exercise Bike 3:30pm Bible Study-Syn. 6pm Music with Ernie -MPR	<b>19</b> 10am Trivia 130pm Debate Club Team Going to Riverview 6pm Movie Night (MPR)	<b>20</b> 10am Keep Fit 10:45am Ask the Rabbi 2pm Bingo 4pm Friday Night Lights	<b>21</b> 10am Shabbat Service
<b>22 Winter Olympics End</b> 1030am Etz Chaim Service 2pm Joy Diamond Duo Concert - MPR	<b>23</b> 10am Keep Fit 11:30am In House Luncheon MPR 2pm Curling Game 330pm Simkin Choir	<b>24</b> 10am Crosswords 12:45pm Outing to Music& Mavens 2pm Rabbi Matt Concert 6pm Bingo (MPR)	<b>25</b> 10am Resident Zumba 2pm Exercise Bike 3:30pm Bible Study-Syn. 6pm Music with Ernie -MPR	<b>26</b> 8am Breakfast Break 10:15am Sing Along 2pm Rady Road Speaker - MPR 6pm Movie Night (MPR)	<b>27</b> 10am Keep Fit 2pm Bingo 4pm Friday Night Lights	<b>28</b> 10am Shabbat Service
						<b><u>Weekday 1:1s:</u></b> 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

*Calendars are subject to change. Please check the whiteboards on your unit for the most accurate program of the day.*