








**NOVEMBER 2024**

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**THERAPEUTIC RECREATION  
PROGRAM CALENDAR**

**FLOOR: Weinberg 2  
NAME: Olga Myschyshyn**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Weekday 1:1s:</b> 8am Meal Chats 11am 1:1 Programs &amp; Visits 1145am Meal Chats 315pm Walk &amp; Talk</p>					<p><b>1</b> 10am Sid Halpern 2pm Bingo (East) 4pm Friday Night Lights Shabbat Dinner</p>	<p><b>2</b> 10am Shabbat Service</p> 
<p><b>3</b> 10am Trivia with Adam (lounge) 3pm Ed Pelletier Concert</p>	<p><b>4</b> 10am Keep Fit (lounge) 2pm Card Sharks (East) 330pm Simkin Choir 445pm Chinese Supper (MPR)</p>	<p><b>5</b> 10am Baking Time (West) 2pm Tea &amp; Talk (East) 6pm Bingo-MPR</p>	<p><b>6</b> 10am Sit &amp; Stretch (lounge) 10am Chair Yoga (MPR) 1pm TR meeting 6pm Supper club with Heather (MPR)</p>	<p><b>7</b> 10am Nitty Nails 1pm Knitting Group 2pm Prairie Joggers Birthday Party(MPR) 6pm Movie Night (MPR)</p>	<p><b>8</b> 10am Remembrance Day Service (MPR) 2pm Bingo (East) 4pm Friday Night Lights</p>	<p><b>9</b> 10am Shabbat Service</p> 
<p><b>10</b> 10am Program with Victoria 3pm St. Charles Band</p>	<p><b>11 Remembrance Day</b> 10am Remembrance Day service from Ottawa 2pm Games afternoon (MPR)</p>	<p><b>12</b> 10am Singalong with Erin (lounge) 2pm Anglican Service(MPR) 6pm Bingo – MPR 1:1 Music Therapy</p>	<p><b>13</b> 10am Keep Fit (lounge) 10am Chair Yoga (MPR) 1pm Rabbi Leibl Concert 6pm Music with Nahla (lounge)</p>	<p><b>14</b> 10am Walk &amp; Talk 1pm Knitting Group 2pm Ready on the Road Concert 6pm Movie Night (MPR)</p>	<p><b>15</b> 10am Keep Fit (lounge) 2pm Bingo (East) 4pm Friday Night Lights</p>	<p><b>16</b> 10am Shabbat Service</p> 
<p><b>17</b> 2pm Music Video (lounge) 3pm Matchstick Men</p>	<p><b>18</b> 10am Sit &amp; Stretch (lounge) 2pm Rabbi Moss Concert (Atrium) 330pm Simkin Choir</p>	<p><b>19</b> 10am Perogy Prep.(West) 2pm Perogy Making &amp; Tasting(East) 6pm Bingo (MPR)</p>	<p><b>20</b> 10am Outing to Outlet Mall 10am Chair Yoga (MPR) 2pm Rady on the Road speaker (MPR) 6pm Evening program with Emili (MPR)</p>	<p><b>21</b> 10am Nitty Nails 1pm Knitting Group/ Resident Council meet. 2pm Axe Throwing (lounge) 6pm Movie Night (MPR)</p>	<p><b>22</b> 10am Sit &amp; Stretch (lounge) 2pm Bingo (East) 4pm Friday Night Lights</p>	<p><b>23</b> 10am Shabbat Service</p> 
<p><b>24</b> 10am Program with Victoria 2pm Program with Victoria 3pm The Simkin Choir Performance</p>	<p><b>25</b> 10am Keep Fit (lounge) 2pm Sandwich making for Silom Mission (MPR) 330pm Simkin Choir</p>	<p><b>26</b> 10am Bake a Cake (West) 2pm Tea &amp; Talk (East) 6pm Bingo (MPR)</p>	<p><b>27</b> 10am Music Video (lounge) 10am Chair Yoga (MPR) 2pm Time to Colour (East) 6pm Evening Program with Emili (MPR)</p>	<p><b>28</b> 10am Hymn Sing with Erin (MPR) 2pm Trivia(Lounge) 1pm Knitting Group 6pm Movie Night (MPR)</p>	<p><b>29</b> 10am Keep Fit (lounge) 2pm Bingo (East) 4pm Friday Night Lights</p>	<p><b>30</b> 10am Shabbat Service</p> 

**CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.**