Floor: Simkin 2 South
Name: Sakinah De Leon
Email: sakinah.deleon@simkincentre.ca

Therapeutic Recreation Calendar

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10am Trivia & Chat - MPR 2pm Winnipeg Mandolin Orchestra Concert - MPR	**2** 10am Exercise Class 2pm Anglican Service – MPR 6pm Karaoke	**3** 930-11am Tim Horton's Drive Thru - MPR 2pm Poppy Art 6pm Manicures & Schmooze	**4** 10am Resident Zumba 2pm All About You 6pm 1:1 Visits & Strolls	**5** 8am TR Staff Meeting 10am Tabletop Bowling 2pm Pick a Song Singalong!	**6** 10am Jenga 2pm Diwali Celebration w/ HCA Students 4pm Friday Night Lights 6pm Scrabble & Movies	**7** 10am Shabbat Service 2pm Art & Crafts
8 1030am Nondenominational Service - MPR 2pm Dixie Beats Concert - MPR	**9** 10am Exercise Class 2pm Floor Curling 330 pm Resident Choir Synagogue 6pm André Rieu Concert & 1:1 Visits	**10** 10am Trivia & Chat 2pm Teach Us Yiddish 6pm Manicures & Schmooze	**11 Remembrance Day** 10am Remembrance Day Service - MPR 2pm Colouring & Trivia	**12** 10am Card Sharks 1-4pm Resident Market - Atrium & MPR 6pm Scrabble & Movies	**13** 10am Finish the Lyrics 2pm Bingo 4pm Friday Night Lights 6pm 1:1s with Victoria	**14** 10am Shabbat Service 2pm Pick a Song Singalong!
15 10am Biggie Bowling - MPR 2pm Tannis Tyler Concert - MPR	**16** 10am Exercise Class 2pm Mitzvah Baking with S1 330 Resident Choir Synagogue 6pm Karaoke	**17** 10am Card Sharks 2pm Rabbi Matt Concert - Atrium 6pm Manicures & Schmooze	**18** 10am Resident Zumba 2pm Birthday Party w/ Soul Shine - MPR 6pm Puzzles & Games	**19 Cinema Club** ***Sakinah working evening*** 1pm Resident Council - MPR 2pm How Do They Make It? 4pm Cinema Club (Dinner & Movie) *(Reservation Only)*	**20** 10am Jenga 2pm Bingo 4pm Friday Night Lights 6pm Scrabble & Movies	**21** 10am Shabbat Service 2pm Art & Crafts
22 10am Trivia & Chat - MPR 2pm Matchstick Men Concert - MPR 6pm Games & Chat with Victoria	**23 Marin is Away** 10am Exercise Class 2pm Rabbi Mass Concert – MPR 330 Resident Choir Synagogue	**24 Marin is Away** 10am Trivia & Chat 2pm Bean Bag Toss 6pm Bingo (MPR)	**25** 10am Resident Zumba 2pm Manicures & Schmooze 6pm Puzzles & Games	**26** 10am Hymn Sing - MPR 2pm Tabletop Bowling 6pm Scrabble & Movies	**27** 10am Cup Pong 2pm Bingo 4pm Friday Night Lights 6pm 1:1s with Victoria	**28 Marin is Away** 10am Shabbat Service
29 Marin is Away 1030am Etz Chaim Service - MPR 2pm Burton Music "Passport to Italy" Concert - MPR	**30** 10am Exercise Class 2pm Rady on the Road Concert – MPR 330 pm Resident Choir Synagogue 6pm Karaoke					**<u>Weekday 1:1s:</u>** 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.