


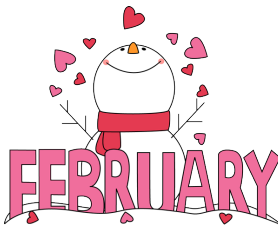


# Therapeutic Recreation Calendar

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# February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10am Music with Parker - MPR 2pm Vera Kurchenko Concert - MPR	<b>2 Tu B'Shevat</b> 10am Trivia & Chat 2pm Tu B'Shevat Seder 2pm Music with Dorothy 330pm Simkin Choir	<b>3</b> 10am Matching Game 2pm Olympic Medals Craft 6pm Manicures & Schmooze	<b>4 Winter Olympics Start</b> 10am Resident Zumba 2pm Shirley Dance Studio 330pm Bible Study 6pm Music with Ernie -MPR	<b>5</b> 10am Spelling Bee 2pm Meet the Artist (Atrium) 6pm Scrabble Night	<b>6</b> 10am Morning Stretches 2pm Bingo 4pm Shabbat Service 6pm Bean Bag Toss	<b>7</b> 10am Shabbat Service 2pm Music Therapy
<b>8</b> 1030am Nondenominational Service 2pm Matchstick Men Concert - MPR	<b>9</b> 10am Trivia & Chat 2pm Anglican Service 330pm Simkin Choir 6pm Colouring Night	<b>10</b> 10am Poster/flag making 130am-330pm Simkin Olympics 6pm Cheering for Team Canada! Live Olympics!	<b>11</b> 10am Resident Zumba 2pm Valentine's Craft 6pm Music with Ernie -MPR	<b>12</b> 10am Scrabble 2pm Birthday Party 6pm Valentine's Manicures	<b>13</b> 10am Valentines Craft 2pm Bingo 4pm Shabbat Service 6pm Scrabble Night	<b>14 ♥ Valentine's Day ♥</b> 10am Shabbat Service 2pm Trivia & Tea
<b>15</b> 10am Music w/ Parker MPR 2pm Soul Shine Concert - MPR	<b>16 Louis Riel Day</b> 10am Sit and Stretch (MPR) 2pm Biggie Bowling (MPR) 330pm Simkin Choir	<b>17 Saki Holiday</b> 2pm Music Potluck 6pm Manicures & Schmooze	<b>18 Saki Holiday</b> 10am Resident Zumba 2pm All About You 6pm Music with Ernie -MPR	<b>19 Saki Holiday</b> 130pm Debate Club Goes to Riverview 2pm Rabbi Matt Concert 6pm Scrabble Night	<b>20 Saki Holiday</b> 2pm Bingo 4pm Shabbat Service 6pm Bean Bag Toss	<b>21</b> 10am Shabbat Service 2pm Music Therapy
<b>22 Winter Olympics End</b> 1030am Etz Chaim Service 2pm Joy Diamond Duo Concert - MPR	<b>23</b> 10am Baking 2pm Nosh and Talk 330pm Simkin Choir 6pm Colouring Night	<b>24</b> 10am Matching Game 2pm Rabbi Matt Concert - Atrium 6pm Puzzle Night	<b>25</b> 10am Resident Zumba 2pm Card Sharks 6pm Music with Ernie -MPR	<b>26</b> 10am Scrabble 2pm Rady Road Speaker - MPR 6pm Manicures & Schmooze	<b>27</b> 10am Morning Stretches 2pm Bingo 4pm Shabbat Service 6pm Scrabble Night	<b>28</b> 10am Shabbat Service 2pm Floor Curling
						<b><u>Weekday 1:1s:</u></b> 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

*Calendars are subject to change. Please check the whiteboards on your unit for the most accurate program of the day.*