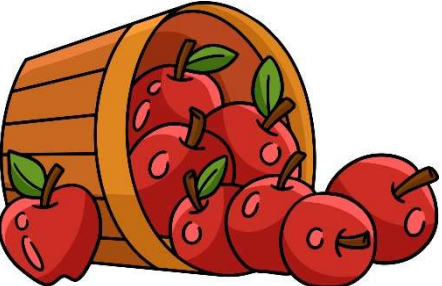


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Therapeutic Recreation Calendar

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10am Sit and Stretch 130pm Terry Fox Walk 6pm Bingo - MPR	2 10am Coloring Club 1145am A&W luncheon (MPR) 2pm Nifty Nails 6pm Firepit	3 8am TR Staff Meeting 10am Garden Visits 2pm Garden vegetables 6pm Movie Night - MPR	4 10am Sit and Stretch 2pm Bingo 4pm Friday Night Lights	5 10am Shabbat Service
6 1030am Nondenominational Service - MPR 2pm Movie Afternoon: Arthur (1981)	7 Labour Day 10am Exercise Group - MPR 2pm Tabletop Bowling - MPR	8 10am Sit and Stretch 2pm Birthday Party - MPR 6pm Bingo - MPR	9 10am Curling 2pm Musical Wheel of Fortune 6pm Concert with Ernie - MPR	10 10am Dolly Parton Biography 2pm Glass Painting 6pm Movie Night - MPR	11 Rosh Hashanah Begins *Rowan Away 10am Cookie Baking 2pm Bingo 4pm Friday Night Lights + Rosh Hashanah	12 10am Rosh Hashanah Service
13 Rosh Hashanah Ends 10am Rosh Hashanah Service 2pm High Holiday Tea - MPR	14 10am Nifty Nails 2pm Anglican Service - MPR	15 10am Sit and Stretch 2pm Fall Craft 6pm Bingo - MPR	16 10am Balloon Toss 2pm Tabletop Bowling 6pm Firepit	17 10am Sunbathing 1pm Resident Council 2pm Canvas Art 6pm Movie Night Under the Stars - Keives Garden	18 *Rowan Away 10am Sit and Stretch 2pm Bingo 4pm Friday Night Lights	19 10am Shabbat Service
20 Yom Kippur Begins 10am Morning Stretching - MPR 2pm Trivia and Chat - MPR 615pm Kol Nidre Service	21 Yom Kippur Ends 10am Yom Kippur Service 2pm Outside visits 6 pm Neilah Service	22 10am Sit and Stretch 1045 Ask the Rabbi 2pm Word Spaghetti 6pm Bingo - MPR	23*Rowan Away 2pm Rady on the Road Concert - MPR 6pm Concert with Ernie - MPR	24*Rowan Away 10am Hymn Sing - MPR 2pm 1:1s 6pm Movie Night - MPR	25 Sukkot Begins 10am Sit and Stretch 2pm Bingo 4pm Friday Night Lights	26 10am Sukkot Service 2pm Sukkah Visits
27 10am Sukkot Service 2pm Sukkah Visits	28 10am The Seven Sacred Teachings 2pm Ring toss	29 10am Sit and Stretch 2pm Leaf Outing/Concert w/Rabbi Matt - Atrium 6pm Bingo - MPR	30 Truth and Reconciliation Day 10am Exercise Group - MPR 2pm History of Orange Shirt Day - MPR 6pm Firepit			<u>Weekday 1:1s:</u> 8am Meal Chats 11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.

