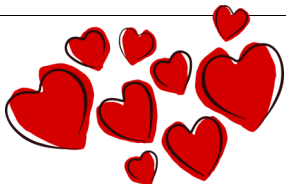


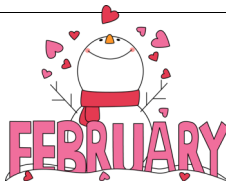


Email: rowan.cole@simkincentre.ca

# Therapeutic Recreation Calendar

## February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> 10am Music with Parker - MPR 2pm Vera Kurchenko Concert - MPR	<b>2 Tu B'Shevat</b> 8am Recreation Meeting 1030am Sit and stretch 11am Balloon Ball 2pm Tu B'Shevat Seder	<b>3</b> 1030am Indoor Gardening 2pm Abstract Canvas Art 6pm Bingo (MPR)	<b>4 Winter Olympics Start</b> 10am Resident Zumba 2pm Shirley Dance Studio 330pm Bible Study 6pm Music with Ernie -MPR	<b>5</b> 1030am Sit and stretch 11am Current events 2pm Meet the Artist (Atrium) 6pm Movie Night (MPR)	<b>6</b> 1030am Sit and stretch 11am Table Top Bowling 2pm Bingo 4pm Friday Night Lights	<b>7</b> 10am Shabbat Service
<b>8</b> 1030am Nondenominational Service 2pm Matchstick Men Concert - MPR	<b>9</b> 1030am Sit and stretch 11am Nifty Nails 2pm Music with Dorothy 2pm Anglican Service 330pm Simkin Choir 345pm Story telling	<b>10</b> 10am Coloring Club Cats 130-3:30 Simkin Olympics 6pm Bingo (MPR)	<b>11</b> 10am Resident Zumba 2pm Valentine's Card Making 6pm Music with Ernie -MPR	<b>12</b> 1030am Sit and Stretch 11am Current Events 2pm Birthday Party 6pm Movie Night (MPR)	<b>13</b> 10am Valentines Day Cookies - Decorating 2pm Bingo 4pm Friday Night Lights	<b>14 ♥ Valentine's Day ♥</b> 10am Shabbat Service
<b>15</b> 10am Music w/ Parker MPR 2pm Soul Shine Concert - MPR	<b>16 Louis Riel Day</b> 10am Sit and Stretch (MPR) 2pm Biggie Bowling (MPR) 330pm Simkin Choir	<b>17</b> 1030am Biography- Louis Armstrong 1pm-- The Leaf Outing 6pm Bingo (MPR)	<b>18</b> 10am Resident Zumba 2pm Card Bingo 6pm Music with Ernie -MPR	<b>19</b> 1030am Sit and stretch 11am Current events 130pm Debate Club Team Away to Riverview 2pm Rabbi Matt Concert 6pm Movie Night (MPR)	<b>20</b> 1030am Resident Glamour Portraits 2pm Bingo 4pm Friday Night Lights	<b>21</b> 10am Shabbat Service
<b>22 Winter Olympics End</b> 1030am Etz Chaim Service 2pm Joy Diamond Duo Concert - MPR	<b>23</b> 1030am Sit and stretch 11am Nifty Nails 2pm Spring art 330pm Simkin Choir 345pm Story telling	<b>24</b> 1030am Coloring Club Ice Cream 2pm Rabbi Matt Concert - Atrium	<b>25</b> 10am Resident Zumba 2pm Bingo 6pm Music with Ernie -MPR	<b>26</b> 1030am Sit and stretch 2pm Rady Road Speaker - MPR 6pm Movie Night (MPR)	<b>27</b> 1030am Name that tune 12pm-Chinese Food Luncheon 2pm-Bingo 4pm Friday Night Lights	<b>28</b> 10am Shabbat Service  <b><u>Weekday 1:1s:</u></b>
						11am 1:1 Programs & Visits 1145 Meal Chats 315pm Walk and Talk

Calendars are subject to change. Please check the whiteboards on your unit for the most accurate program of the day.