




**SEPTEMBER 2023**

**EMAIL: marin.salfi@simkincentre.ca**

**THERAPEUTIC RECREATION  
PROGRAM CALENDAR**

**FLOOR: Simkin 2 (North)  
NAME: Marin Salfi**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Weekday 1:1s:</b> 1130am - Meal Chats 430pm - Walk and Talk 5pm - Meal Chats 7pm - Late Night Visits	<i>CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON THE UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.</i>				<b>1</b> 10am Current Events w/ Sid 2pm Mini Bingo 3pm Shabbat Prayers 6pm Nails Night	<b>2</b> 10am Shabbat Service 1015am Bean Bag Toss 2pm Crafts and Arts
<b>3</b> 10am Puzzles and Music 2pm Shuffleboard Club 3pm Music in the Atrium – Family Time	<b>4 Labor Day</b> 10am Sit & Stretch 2pm Singalong to Our Favorite Hits	<b>5</b> 10am Retired Men Talk 2pm Back to School Trivia and Talk 6pm I Spy Sorting and Card Games	<b>6</b> 10am Hand Massages 2pm Waffle Wednesday & Tabletop Pinball 6pm Shuffleboard Club (Atrium)	<b>7</b> 10am Music w/ Dorothy 2pm Fall Crafts 6pm Fall Decorating 615pm The Prairie Joggers Concert (Atrium)	<b>8</b> 10am Current Events w/ Sid 2pm Mini Bingo & Trivia 3pm Shabbat Prayers 6pm Floor Curling	<b>9</b> 10am Shabbat Service 1015am Sorting + Cards 2pm Nail Salon + Hand Massages 3pm Colin Firth Movie Night: "Mama Mia"
<b>10</b> 10am Group Table Games 2pm Fresh Autumn Strolls 3pm Music in the Atrium – Family Time (Marin is away today)	<b>11</b> 10am Sit & Stretch 2pm Ed Pelletier Concert (MPR) 6pm Music Therapy	<b>12</b> 10am Retired Men Talk 2pm Prairie Exotic Reptile Presentation (MPR) 6pm Mathematics Mania – Flash Card Competition	<b>13</b> 10am Hand Massages 2pm Grilled Cheese & Tabletop Pinball 6pm Floor Curling	<b>14</b> 10am Shuffleboard 2pm An Apple a Day Tasting 6pm Puzzle Night & 6pm Jazz Concert with Evan Miles (Atrium)	<b>15</b> 10am Current Events w/ Sid 2pm Mini Bingo & Nosh 3pm Shabbat Prayers 6pm S for September Trivia Night	<b>16 Rosh Hashanah</b> 10am Rosh Hashanah Service/Choir 2pm High Holiday Tea
<b>17 Rosh Hashanah</b> 10am Rosh Hashanah Service/Choir 2pm High Holiday Tea	<b>18</b> 10am Sit & Stretch 2pm Tabletop Bowling 6pm Music Therapy	<b>19</b> 10am Music with the Rabbi 2pm Let's Bake: Apple Pies & Watch Baking Shows 6pm Nail Salon Night	<b>20</b> 10am Hand Massages 2pm Tabletop Pinball 6pm Carpet Bowling (MPR)	<b>21 World Alzheimer's Day</b> 10am Shuffleboard 2pm Pop Culture Personality Quizzes 6pm Block Buster: Little Women (2019)	<b>22</b> 10am Current Events w/ Sid 2pm Mini Bingo & 3pm Shabbat Prayers 6pm Paint Night	<b>23 Shabbat Shuvah</b> 10am Shabbat Shuvah Service 2pm Discussion Group: A Bintel Brief
<b>24 Yol Nidre</b> 10am Garden Visits 2pm Small Group Visits 615pm Kol Nidre Service	<b>25 Yom Kippur</b> 10am Yom Kippur Service/Choir 2pm Music with Russell 630pm Yom Kippur Conclusion Service	<b>26</b> 10am Retired Men Talk 2pm Snakes and Ladders 6pm Love Note Day Craft	<b>27</b> 10am Hand Massages 2pm Tabletop Pinball 6pm Carpet Bowling (MPR)	<b>28</b> 10am Shuffleboard 2pm French Fry B-day Party 6pm I Spy Sorting and Card Games	<b>29 Sukkot</b> 10am Current Events w/ Sid 2pm Mini Bingo & 3pm Shabbat Prayers 6pm Sukkah Visits	<b>30 Sukkot</b> 10am Sukkot Service 2pm

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