

NOVEMBER 2020

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**THERAPEUTIC RECREATION  
PROGRAM CALENDAR**

**WEINBERG 1  
Cathy Shewchuk**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Chicken Soup for the Soul East	3 8am Meal Chats 10am Music with Cathy 2pm Panama Canal Virtual Tour West 6:30pm Bingo W1	4 10am Music Video 2pm Curling West	5 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Curling East	6 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Nat King Cole Story Video West 3pm Shabbat Prayers	7 Shabbat with Marilyn 10am W1  5:30pm 1:1 with Dov W1
8 1:30pm Trivia & Talk W1	9 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Cross Words East	10 8am Meal Chats 10am Sing-along East 2pm Sing-along West	11 8am Meal Chats 10am Remembrance Day Service from Ottawa 2pm Remembrance Day West 3:30pm Music w Dov W1	12 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Crosswords West 6:15pm To Catch A Thief W1	13 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Wizard of Oz Video East 3pm Shabbat Prayers	14 Shabbat with Marilyn 10am W1  6:30pm Music w Dov W1
15	16 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Word Games West	17 8am Meal Chats 10am Suzie Q 2pm Rabbi Mass Live Concert 6:30pm Games Night W1	18 8am Meal Chats 10am Music Video 2pm Card Sharks East	19 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Trivia Teasers West 6:15pm The Andy Griffith Show W3 6:30pm Games Night S2	20 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 3pm Shabbat Prayers	21 Shabbat with Marilyn 10am W1  5:30pm 1:1 with Dov W1
22 1:30pm Sing-along W1	23 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Antique Road Show Video	24 8am Meal Chats 10am Music with Cathy West 2pm Word Games East	25 8am Meal Chats 10am Music Video 2pm Birthday Party East Side	26 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Birthday Party West Side 6:15pm The Andy Griffith Show W1	27 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Spelling Bee East 3pm Shabbat Prayers	28 Shabbat with Marilyn 10am W1  6:30pm Music w Dov W1
29	30 8am Meal Chats 10am Sit & Stretch East 10:30am Sit & Stretch West 2pm Spelling Bee West					

**CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.**