DECEMBER 2018 cathy.shewchuk@simkincentre.ca

THERAPEUTIC RECREATION PROGRAM CALENDAR

SIMKIN 2 CATHY SHEWCHUK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				a.caay	,	1 10am Shabbat Service
2pm North End Jewish Folk Choir MPR	3 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 2pm Bnai Brith Chanukah Party MPR	4 8am Meal Chats 10am Rabbi Leibl MPR 2pm Shaarey Zedek Chanukah Party MPR 2pm Communion Service Non-Kosher Family Dining Room 6:30pm Bingo MPR	5 8am TR Dept. Mtg 10am Exercise Bike 1:30pm "Father of the Bride" Movie (cc) MPR 2:15pm Latke Making	6 8am Meal Chats 10am Beauty Hour 2pm Music with Cindy Bass 2pm Anointing Service 5:30pm Holiday Lights Tour MPR 6:30pm Games Night MPR	7 8am Meal Chats 10am Ball & Balloon Toss with St. John's Ravencourt School 2pm Bingo MPR 3pm Shabbat Prayers 3:45pm Music Therapy	10am Shabbat Service 2pm Music with Abe MPR
CHANUKAH 1 ST LIGHT	CHANUKAH 2 ND LIGHT	CHANUKAH 3RD LIGHT	CHANUKAH 4 TH LIGHT	CHANUKAH 5TH LIGHT	CHANUKAH 6TH LIGHT	CHANUKAH 7TH LIGHT
2pm Rhonda Cryon in Concert MPR CHANUKAH 8 TH LIGHT	10 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 2pm Table Top Bowling S2	11 8am Meal Chats 10am Tree Decorating & Caroling in MPR 2pm Music with Cathy S2 6:30pm Shaarey Zedek Quartet MPR	12 8am Meal Chats 10am Exercise Bike 1:30pm "Christmas in Connecticut" Movie (cc) MPR 2pm Merchandise Bingo	13 8am Meal Chats 10am Beauty Hour 2pm Do You Hear What I Hear? 6:30pm Games Night MPR	14 8am Meal Chats 10am Ball & Balloon Toss S2 2pm Bingo MPR 3pm Shabbat Prayers	15 10am Shabbat Service
2pm Donald Plant in Concert MPR	17 8am Meal Chats 10am Christmas Baking 10am Keep Fit S2 2pm Fire & Ice Monthly Birthday Party MPR 6:30pm Classical Connections with Kurt Tittlemier MPR	18 8am Meal Chats 10am Winter Concert with St John's Ravenscourt MPR 2pm Trivia Teasers S2 6:00pm Family Christmas Party Atrium	19 8am Meal Chats 10am Exercise Bike 1:30pm "Barbra In Concert" Movie MPR 2pm Music with Dorothy	20 8am Meal Chats 10am Beauty Hour 1:30pm Resident Council Meeting in Synagogue 2pm Merchandise Bingo 6:30pm Games Night MPR	21 8am Meal Chats 10am Ball & Balloon Toss 2pm Bingo MPR 3pm Shabbat Prayers 3:45pm Music Therapy	10am Shabbat Service
23 2pm Bob Fleury in Concert MPR	24 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 2pm Baking S2	25 8am Meal Chats 6:30pm Bingo MPR	26 8am Meal Chats 1:30pm "Andre Rieu – Romantic Moments" Movie MPR	27 8am Meal Chats 10am Beauty Hour 2pm New Year's Eve Party with Neil Keep MPR 6:30pm Games Night MPR	28 8am Meal Chats 10am Ball & Balloon Toss 2pm Bingo MPR 3pm Shabbat Prayers 3:45pm Music Therapy	10am Shabbat Service
2pm Leo Gosselin in Concert MPR	31 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 2pm Movie S2	CHRISTMAS DAY			.,	

CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.