








FEBRUARY 2019

cathy.shewchuk.simkincentre.ca

**THERAPEUTIC RECREATION
PROGRAM CALENDAR**

**SIMKIN 2
CATHY SHEWCHUK**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1 8am Meal Chats 10am Ball/Balloon Toss 2pm Bingo MPR 3pm-Shabbat Prayers 3:45pm Music Therapy</p>	<p>2 10am Shabbat Service</p>
<p>3</p> <p>2pm Wandering Wayne MPR</p>	<p>4</p> <p>10am Resistive Exercises MPR 10am Keep Fit S2 2pm Jane Enkin</p>	<p>5 8am Meal Chats 10am Rabbi Leibl MPR 2pm 21 or Bust Card Afternoon MPR 2pm Communion Service Family Dining Room 6:30pm Bingo MPR</p>	<p>6 8am Meal Chats 10am Exercise Bike S2 1:30pm "Some Like It Hot" Movie (cc) MPR 2pm Merchandise Bingo S2</p>	<p>7 8am Meal Chats 10am Men's Group W2 10am Beauty Hour 2pm Music With Cindy Bass 6:30pm Games Night MPR</p>	<p>8 8am Meal Chats 10am Ball/Balloon Toss 2pm Bingo MPR 3pm Shabbat Prayers 3:45pm Music Therapy</p>	<p>9</p> <p>10am Shabbat Service 2pm Music with Abe MPR</p>
<p>10</p> <p>2pm Fire & Ice MPR</p>	<p>11 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 Monthly Birthday Party with MPR</p>	<p>12 8am Meal Chats 10am Baking S2 1pm Music & Mavens Outing 2pm Tea & a Nosh 6:30pm Bingo MPR</p>	<p>13 8am Meal Chats 10am Exercise Bike S2 1:30pm "Butterfield" Movie (cc) MPR 2pm Merchandise Bingo S2</p>	<p>14 8am Meal Chats Wear Red Day 10am Men's Group W2 10am Beauty Hour 2pm Sing-along to red songs S2 6:30pm Games Night MPR</p>	<p>15 8am Meal Chats 10am Ball/Balloon Toss 2pm Bingo MPR 3pm Shabbat Prayers 3:45pm Music Therapy</p>	<p>16</p> <p>10am Shabbat Service</p>
<p>17</p> <p>2pm Donald Plant MPR</p>	<p>18 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 2pm Bellows & Fellows Concert MPR</p>	<p>19 8am Meal Chats 10am Non-Denominational Service MPR 2pm Rabbi Mass MPR 6:30pm Bingo MPR</p>	<p>20 8am Meal Chats 10am Exercise Bike S2 1:30pm "From Here to Eternity" Movie (cc) MPR 2pm Merchandise Bingo S2</p>	<p>21 8am Meal Chats 10am Men's Group W2 10am Beauty Hour 1:30pm Resident Council in Synagogue 2pm Music with Cathy 6:30pm Games Night MPR</p>	<p>22 8am Meal Chats 10am Ball/Balloon Toss 2pm Bingo MPR 3pm Shabbat Prayers 3:45pm Music Therapy</p>	<p>23</p> <p>10am Shabbat Service</p>
<p>24</p> <p>2pm Bob Fleury MPR</p>	<p>25 8am Meal Chats 10am Resistive Exercises MPR 10am Keep Fit S2 2pm Tabletop Bowling 6:30pm Classical Connections</p>	<p>26 8am Meal Chats 10am Colour My World 2pm Maple Syrup Day Pancake Making 6:30pm Bingo MPR</p>	<p>27 8am Meal Chats 10am Exercise Bike S2 1:30pm "Since You Went" Movie (cc) MPR 2pm Merchandise Bingo S2</p>	<p>28 8am Meal Chats 10am Men's Group W2 10am Beauty Hour 2pm Snowman Party MPR 6:30pm Games Night MPR</p>		

CALENDARS ARE SUBJECT TO CHANGE. PLEASE CHECK THE WHITE BOARDS ON YOUR UNIT FOR THE MOST ACCURATE PROGRAMS OF THE DAY.